



SWIM ALBERTA MASTERS

September 2009

Welcome Back!

Welcome back to Masters Swimming for the 2009-2010 season! With summer trying to hang on here in Alberta, I hope that your swimming adventures throughout the summer months have been fun and successful! We are now all returning to fall work and workout schedules.

A decision was made in early summer after discussions with Swim Alberta to engage our current board and change our AGM meeting to coincide with our Provincial Championships. All members of the current board agreed to remain until that time. The purpose of this move is to try and get more members involved at our AGM. We also hope to set our meet schedule at this time.

Last season number of registered swimmers was 1053, up by 90 members over the previous season. Members competing were roughly the same.

I will be participating in the Swim Alberta Conference in early October as well as meetings with Masters Swim Canada in early November. If there are any issues or concerns that you would like me to address at these times, please do not hesitate to contact me at j.carlsen@shaw.ca

Our meet schedule is tentatively posted with meets being held in Calgary, Edmonton, Medicine Hat and provincials in Okotoks!! It's great to see new clubs hosting meets! If you could get the Meet Managers to send me their meet packages asap, we will post those as well.

We have managed to keep our meet schedule and the BC Masters meet schedule compatible this year and our Provincials are scheduled for one week ahead of BC.

Good luck with your training and racing in the coming months!

WHAT SUIT CAN I WEAR??

It has been an exciting year watching and reading all the banter on the suit issue. The question now is "what suit can I wear??"

FINA has now passed the ruling on swim suits that "only textile suits of the navel-to-knee (men) and shoulder-to-knee (women) style will be legal for elite swimmers.

Full information can be found at www.fina.org

A list of suits that are FINA approved can also be found on site, these suits are wearable until December 31, 2009.

Volunteer Recognition

Annette Gillis a Calgary Masters swimmer and member of the Swim Alberta Board was chosen as a FINA official for the Rome World Championships! Annette had a front row seat to the “wardrobe-malfunctions” and the numerous world records and incredible swimming.

Annette is a tireless volunteer for both age-group and masters swim meets. She has been recognized provincially, nationally and now inter-nationally for her continued dedication to the sport.

Thank-you Annette!!



OPEN WATER SWIMMING

blueseventy issued the following statement regarding the news that technical swimsuits will be allowed in FINA open water competitions:

Body suits, such as the **blueseventy Nero 10k**, have been outlawed for pool swimming, but FINA has confirmed that the same rules will not apply to open water swimming.

The FINA press office said, "*The new rules relating to swimwear do not apply to open water. They apply to swimming.*" However, the types of fabrics to be permitted are yet to be determined.

Posted at www.10kswimmer.com

September 14, 2009

This Year's Highlights

October

World Masters Games
Oct 10-18, Sydney, Australia

February

February 27, Medicine Hat hosts first maters meet!

April

Alberta Provincial Championships
April 17-18, Okotoks, AB

May

Canadian National Championships (LC)
May 21-24, Nanimo, BC

July

XII Masters World Championships
July 28-Aug 7, Goteborg, Sweden

Upcoming Events

Master's Cup: November 21, 2009

Hosted by: Penguins Swimming

Edmonton Masters: December 12, 2009

Hosted by: Edmonton Masters

BOARD MEMBERS 2009-2010

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