

# Foothills Masters Swim Club

"16<sup>th</sup> Annual" SWIM MEET  
Sanction No. 8908

**DATE: Saturday, February 6, 2010**

**LOCATION: Foothills Pool**

2915 24 Avenue NW (24th Avenue and University Drive NW)

Calgary, AB T2N 4L6 - (403) 268-2489

Foothills Pool is a 6 lane, 25 metre short course pool. The dive tank will be available for warm-up/down during meet

**SESSION TIME: Warm-Up: 1:30 pm to 2:15 pm**

**Start: 2:20 pm**

## **ENTRIES:**

- Swimmers are limited to a **maximum** of four (4) individual swims plus relays.
- An event file for Team Manager will be available on the Foothills Masters website [www.fmssc.ca](http://www.fmssc.ca).
- We request that entries be provided as a file from Team Manager. Entries not submitted as a Team Manager file or using the Swim Canada entry system will be recharged at \$5.00 per swimmer.
- Entries must be submitted with the following information: swimmers name (as entered in your registration), club, Birthdate, registration number, event, event number and entry time. Please provide swimmers names and ages for each relay entry.
- Entries will be accepted via email.
- Entry times are required for all individual events (NT's are not permitted). Please make your best guess if needed.
- No deck entries will be accepted

## **ENTRY FEES: Please read the following entry fees carefully:**

\$25.00 per swimmer

- Entry fees from team/club which are paid with one cheque and submit a Hy-tek entry file
- Entries from ALL unattached swimmers

\$30.00 per swimmer

- Entry fees from team/club which are paid with multiple cheques
- Entries from team /club swimmers that are submitted with individual entry forms

\$35.00 per swimmer

- Entries received after midnight January 25<sup>th</sup> deadline but before noon, Thursday, February 4, 2010

No refunds will be given for scratches after the January 25<sup>th</sup> deadline.

No entries will be accepted after noon Thursday, February 4, 2010

Please make cheque payable to **Foothills Masters Swim Club**. Entry cheques may be mailed separately from the entry email but must arrive by the deadline.

**RESULTS:** Results will be posted on the website [www.fmssc.ca](http://www.fmssc.ca) and a copy of the results will be sent to anyone who provides an email address.

**SCORING:** There will be no team or individual scoring.

**MEET RULES:** All SNC rules apply. The one start rule will apply. Safety marshals will supervise the warmup. Only one swimmer at a time, is allowed on the block in the lanes assigned for dive starts (dive or back start).

**DEADLINE:** Entries and fees are due midnight January 25, 2010. Late entries will be accepted from January 26 to noon Thursday February 4, 2009 at a late entry fee of \$35.00. **No deck entries will be accepted.**

## **SEND ENTRIES TO:**

Address: North Hill Postal Outlet Box 65125

Calgary, AB T3A 2K1

Phone: (403) 852-0939 (after 6 p.m.)

Email: [meets@fmssc.ca](mailto:meets@fmssc.ca)

Fax: No faxed entries accepted

## Foothill Masters Swim Meet February 6, 2010

### Foothills Pool

24th Avenue and University Drive N.W.

Note that all events except the Mens and Womens Relay will be swum as mixed events seeded by time. Results will be broken out by age and gender.

Mixed	Women	Event	Men
1		400 Choice *	
3		50 Back	
4		100 Breast	
5		50 Fly	
6		100 Back	
7		50 Free	
8		200 IM	
9		100 Fly	
	10	200 Medley Relay	11
12		200 Choice ****	
16		50 Breast	
17		100 I.M.	
18		100 Free	
	19	200 Free Relay	20
	21	200 Free Mixed Relay	

\*Please indicate stroke

\*\*\* 200 Choice is freestyle, back, breast or fly.

Note: Swimmers are limited to four (4) events plus relays .

**There will also be a 10 minute rest break after the 200 Medley Relay and time permitting after the 100 Free.**

**Names are required by 2:30 for all relay events.**