



Penguin Masters Cup 2011

Saturday November 19, 2011 @ University of Alberta

Date / Times

Saturday November 19, 2011

Warm-Up: 12:00 PM

Start: 1:00 PM

Finish: 6:00 PM (or earlier)

Facility

University of Alberta

West Pool, Van Vliet Centre

North West corner of 87 Avenue and 114 Street
(attached to Butterdome)

6 Lane 25m competition pool
Colorado Dolphin Electronic Timing

Swim Meet Limits / Swimmer Eligibility

The meet is limited to 150 swimmers registered with Masters Swimming/Natation Canada (attached or unattached).

Events

Event #	Event
1	400 Freestyle
2	50 Butterfly
3	25 Backstroke
4	100 Individual Medley
5	25 Freestyle
6	50 Breaststroke
7	4x50 Medley Relay
8	50 Freestyle
9	25 Breaststroke
10	100 Freestyle
11	25 Butterfly
12	50 Backstroke
13	4x50 Freestyle Relay

The number of relay teams are required when submitting entries, however relay swimmers names can be decided upon at the meet.

Event Limits / 400 Freestyle

Swimmers will be allowed to swim a maximum of 5 individual events plus relays.

The meet management MAY limit the number of entries and/or heats in the 400 Freestyle in order to meet the swim meet timelines.

Seeding / False Starts

- All events will be mixed timed finals and open seeded.
- The FINA 1 start rule will be in effect.

Entries

A Hy-Tek file is available for download from the Swimming Canada website at www.swimming.ca.

Entry times **ARE REQUIRED** for all individual events (NT's are not permitted). Please make your best educated guess if needed.

Entries AND entry fees MUST be received by:
Friday November 4, 2011.

Hy-Tek entries are to be submitted via the Swimming Canada website at www.swimming.ca.
Entry Forms can be mailed or faxed to the following:

PENGUIN MASTERS SWIMMING

3112-105 Avenue, Edmonton, AB, T5W 0B4
Phone/Fax: (780) 435-7946

Entry Fees / Late & Deck Entries / Scratches

Please read the following entry fees carefully:

\$30.00 per swimmer

- Entry fees are paid with individual cheques (for swimmers attached to a team/club only).
- Entries are submitted with an entry form (not a Hy-Tek file).

\$25.00 per swimmer

- All unattached swimmers
- Entry fees are paid with one (1) cheque and the team/club submits entries via a Hy-Tek file.

Late and/or Deck Entries will be received on a first come first serve basis to fill empty lanes only at the above entry fee plus and an additional \$5.00 per swimmer.

Please make cheques payable to:

PENGUIN MASTERS SWIMMING

3112-105 Avenue, Edmonton, AB, T5W 0B4

No refunds will be given for scratches received after the entry deadline.

Results

Results will be emailed and posted on the Swimming Canada website at www.swimming.ca.

Contact

Colin Beattie, Director of Swimming
Phone: (780) 435-SWIM (7946)
Email: swim@penguinswimming.ca



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Last Name:	
First Name:	
Birth Date (MM/DD/YYYY):	
Sex (M/F):	
Email Address (for meet updates):	
Swimming Canada Registration #:	
Team:	
Team Code:	

EVENT #	EVENT	ENTRY TIME (req'd)
1	400 Freestyle	
2	50 Butterfly	
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4	100 Individual Medley	
5	25 Freestyle	
6	50 Backstroke	
7	4x50 Medley Relay	
8	50 Freestyle	
9	25 Breaststroke	
10	100 Freestyle	
11	25 Butterfly	
12	50 Backstroke	
13	4x50 Freestyle Relay	

Swimmers that swim with a team/club (submitting this form):	\$30.00	
Unattached Swimmer:	\$25.00	
Additional Late/Deck Entry Fee (received after November 4, 2011):	\$5.00	
TOTAL FEES (Payable to <u>Penguin Masters Swimming</u>):		