

ROCKY MOUNTAIN MASTERS INVITATIONAL

Meet Program

Date: March 6, 2010 (Saturday)
Times: Warm-up 12:00 pm
Meet 1:00 pm
Location: S.A.I.T. Swimming Pool (Calgary)
1301 - 16th Avenue NW (Campus Centre)
Facility 25 m Short Course
6 Lanes

| <u>Women</u> | <u>Events</u> | <u>Men</u> |
|-----------------------|--|------------|
| 1 | 200 m Choice #1 (Fly, Back Breast or Free) | 1 |
| 3 | 50 m Fly | 3 |
| 4 | 100 m Back | 4 |
| 5 | 100 m IM | 5 |
| 6 | 50 m Breast | 6 |
| 7 | 100 m Free | 7 |
| 8 | 200 m Free Relay | 9 |
| BREAK 15 - 20 Minutes | | |
| 10 | 200 m Choice #2 (Fly, Back Breast or Free) | 10 |
| 12 | 50 m Back | 12 |
| 13 | 100 m Fly | 13 |
| 14 | 200 m IM | 14 |
| 15 | 50 m Free | 15 |
| 16 | 100 m Breast | 16 |
| 17 | 200 m Medley Relay | 18 |
| 19 | 200 m Free Relay (mixed) | 19 |

Rocky Mountain Masters Invitational - 3/6/2010

Meet Program - Session #1

Event 1 Mixed 200 SC Meter Freestyle Choice #1

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals Starts at 01:00 PM

| | | | | |
|---|-----------------|-----|------|---------|
| 2 | Symington, Sara | W25 | EMSC | 5:00.00 |
| 3 | Summers, Scott | M43 | EMSC | 3:30.00 |
| 4 | Schultz, Wendy | W59 | Fmsc | 3:40.00 |
| 5 | | | | |

Heat 2 of 6 Finals Starts at 01:06 PM

| | | | | |
|---|----------------|-----|-----------------|---------|
| 2 | Moe, Birget | W27 | EMSC | 3:15.00 |
| 3 | Upham, Robin | M27 | Penguin Masters | 3:02.12 |
| 4 | Brown, Janette | W52 | Cwc | 3:10.00 |
| 5 | Mackay, Helen | W24 | Penguin Masters | 3:27.38 |

Heat 3 of 6 Finals Starts at 01:10 PM

| | | | | |
|---|---------------|-----|-----------------|---------|
| 2 | Parrish, Adam | M48 | EMSC | 3:00.00 |
| 3 | Chafe, Susan | W50 | EMSC | 3:00.00 |
| 4 | Rumley, Carly | W24 | Penguin Masters | 3:00.00 |
| 5 | Lepps, Owen | M33 | STM | 3:00.00 |

Heat 4 of 6 Finals Starts at 01:13 PM

| | | | | |
|---|--------------------|-----|-------|---------|
| 2 | O'Brien, Peter | M60 | CMSC | 2:45.00 |
| 3 | Wearmouth, Shelley | W50 | Cwc | 2:40.00 |
| 4 | Ganes, Heather | W32 | Rmmsc | 2:45.00 |
| 5 | Boos, Chantal | W33 | RDM | 2:52.00 |

Heat 5 of 6 Finals Starts at 01:17 PM

| | | | | |
|---|-----------------|-----|-------|---------|
| 2 | Kelemen, Nicole | W27 | Rmmsc | 2:40.00 |
| 3 | Morrow, Mike | M59 | CMSC | 2:25.00 |
| 4 | Saretsky, Barry | M41 | EMSC | 2:30.00 |
| 5 | Smart, Diane | W44 | Fmsc | 2:40.00 |

Heat 6 of 6 Finals Starts at 01:20 PM

| | | | | |
|---|-----------------|-----|------|---------|
| 2 | Tyson, Carli | W34 | ECM | 2:20.00 |
| 3 | Lewis, Barry | M48 | EMSC | 2:09.00 |
| 4 | O'Toole, Kelly | W28 | CMSC | 2:15.50 |
| 5 | Younger, Debbie | W40 | EMSC | 2:20.00 |

Event 3 Mixed 50 SC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals Starts at 01:23 PM

| | | | | |
|---|-----------------|-----|------|---------|
| 2 | | | | |
| 3 | Drake, Brenda | W49 | Fmsc | 59.93 |
| 4 | Dunwald, Alanna | W30 | CMSC | 1:10.38 |
| 5 | | | | |

Heat 2 of 6 Finals Starts at 01:25 PM

| | | | | |
|---|----------------------|-----|------|-------|
| 2 | Dawson, Anne | W41 | Cwc | 52.00 |
| 3 | Finley, Lori | W49 | Fmsc | 42.00 |
| 4 | MacGregor, Stephanie | W50 | Fmsc | 48.94 |
| 5 | | | | |

Heat 3 of 6 Finals Starts at 01:26 PM

| | | | | |
|---|------------------|-----|------------|-------|
| 2 | McGowan, Laura | W32 | EMSC | 41.04 |
| 3 | Burke, Susan | W48 | Fmsc | 40.95 |
| 4 | Henry, Katherine | W46 | Fmsc | 41.00 |
| 5 | Bryden, Heather | W25 | Unattached | 41.29 |

Heat 4 of 6 Finals Starts at 01:27 PM

| | | | | |
|---|------------------|-----|-----------------|-------|
| 2 | Fong, Ken | M38 | CMSC | 37.00 |
| 3 | Chafe, Susan | W50 | EMSC | 35.00 |
| 4 | Davis, Megan | W24 | Penguin Masters | 35.39 |
| 5 | Houston, Colleen | W29 | EMSC | 38.00 |

Heat 5 of 6 Finals Starts at 01:28 PM

| | | | | |
|---|-----------------|-----|------|-------|
| 2 | Graham, Erin | W27 | EMSC | 33.00 |
| 3 | Dickson, Dave | M57 | CMSC | 30.30 |
| 4 | Chafe, Fons | M54 | EMSC | 33.00 |
| 5 | Wallace, Laurie | W41 | CMSC | 33.50 |

Heat 6 of 6 Finals Starts at 01:29 PM

| | | | | |
|---|----------------|-----|-----------------|-------|
| 2 | Garside, Simon | M50 | CMSC | 29.95 |
| 3 | Welty, Mark | M31 | ECM | 27.00 |
| 4 | Lam, Jeff | M27 | Penguin Masters | 27.04 |
| 5 | Kanyo, Richard | M28 | Penguin Masters | 30.07 |

Event 4 Mixed 100 SC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Finals Starts at 01:30 PM

| | | | | |
|---|---------------------|-----|------|---------|
| 2 | Schultz, Wendy | W59 | Fmsc | 1:45.00 |
| 3 | Kitscha, Catherine | W28 | ECM | 1:25.00 |
| 4 | King-Reimer, Sheryl | W47 | Fmsc | 1:35.74 |
| 5 | | | | |

Heat 2 of 2 Finals Starts at 01:33 PM

| | | | | |
|---|------------------|-----|-----------------|---------|
| 2 | Younger, Debbie | W40 | EMSC | 1:15.00 |
| 3 | Albrecht, Kelly | M30 | RDM | 1:00.00 |
| 4 | Palmer, Gavin | M24 | Penguin Masters | 1:12.00 |
| 5 | Houston, Colleen | W29 | EMSC | 1:19.00 |

Event 5 Mixed 100 SC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals Starts at 01:35 PM

| | | | | |
|---|-----------------|-----|------|---------|
| 2 | | | | |
| 3 | Dawson, Anne | W41 | Cwc | 1:56.80 |
| 4 | Symington, Sara | W25 | EMSC | 3:00.00 |
| 5 | | | | |

Heat 2 of 7 Finals Starts at 01:38 PM

| | | | | |
|---|----------------------|-----|-----------------|---------|
| 2 | Douglass, Tim | M43 | ECM | 1:50.00 |
| 3 | Rumley, Carly | W24 | Penguin Masters | 1:41.27 |
| 4 | MacGregor, Stephanie | W50 | Fmsc | 1:48.00 |
| 5 | | | | |

Heat 3 of 7 Finals Starts at 01:41 PM

| | | | | |
|---|-----------------|-----|-----------------|---------|
| 2 | Mackay, Helen | W24 | Penguin Masters | 1:34.16 |
| 3 | Finley, Lori | W49 | Fmsc | 1:33.00 |
| 4 | Burke, Susan | W48 | Fmsc | 1:33.00 |
| 5 | Wrightson, Mark | M54 | Rmmsc | 1:40.00 |

Heat 4 of 7 Finals Starts at 01:43 PM

| | | | | |
|---|-------------------|-----|-----------------|---------|
| 2 | Fong, Ken | M38 | CMSC | 1:30.00 |
| 3 | McCutchon, Alexis | W36 | CMSC | 1:28.00 |
| 4 | Aikens, Elizabeth | W24 | Penguin Masters | 1:29.66 |
| 5 | Zuk, Deirdrie | W28 | Rmmsc | 1:30.00 |

Heat 5 of 7 Finals Starts at 01:45 PM

| | | | | |
|---|--------------------|-----|-----------------|---------|
| 2 | Davis, Megan | W24 | Penguin Masters | 1:24.85 |
| 3 | Graham, Erin | W27 | EMSC | 1:20.00 |
| 4 | Wearmouth, Shelley | W50 | Cwc | 1:24.00 |
| 5 | Summers, Scott | M43 | EMSC | 1:27.00 |

Heat 6 of 7 Finals Starts at 01:47 PM

| | | | | |
|---|---------------|-----|------|---------|
| 2 | Morrow, Mike | M59 | CMSC | 1:15.00 |
| 3 | Ford, Jackson | M34 | Cwc | 1:15.00 |
| 4 | Lim, Darren | M29 | ECM | 1:15.00 |
| 5 | McCall, Janie | W50 | CMSC | 1:17.00 |

Rocky Mountain Masters Invitational - 3/6/2010

Meet Program - Session #1

Heat 7 Finals (#5 Mixed 100 SC Meter IM)

| | | | | |
|---|-------------------|-----|------|---------|
| 2 | de Vlieger, David | M39 | ECM | 1:10.00 |
| 3 | Chang, Jian-Lok | M25 | EMSC | 1:04.00 |
| 4 | Garside, Simon | M50 | CMSC | 1:08.24 |
| 5 | O'Toole, Kelly | W28 | CMSC | 1:10.70 |

Event 6 Mixed 50 SC Meter Breaststroke

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 4 Finals Starts at 01:50 PM

| | | | | |
|---|----------------|-----|------|---------|
| 2 | Davis, Nancy | W74 | CMSC | 1:10.00 |
| 3 | McGowan, Laura | W32 | EMSC | 48.00 |
| 4 | Douglass, Tim | M43 | ECM | 50.00 |
| 5 | | | | |

Heat 2 of 4 Finals Starts at 01:52 PM

| | | | | |
|---|---------------------|-----|--------|-------|
| 2 | Smart, Diane | W44 | Fmsc | 45.00 |
| 3 | Kelemen, Nicole | W27 | Rmmssc | 43.00 |
| 4 | Wallace, Laurie | W41 | CMSC | 45.00 |
| 5 | King-Reimer, Sheryl | W47 | Fmsc | 45.78 |

Heat 3 of 4 Finals Starts at 01:53 PM

| | | | | |
|---|----------------|-----|--------|-------|
| 2 | Brown, Janette | W52 | Cwc | 42.00 |
| 3 | Shaw, Keith | M66 | CMSC | 39.00 |
| 4 | Lepps, Owen | M33 | STM | 40.00 |
| 5 | Ganes, Heather | W32 | Rmmssc | 43.00 |

Heat 4 of 4 Finals Starts at 01:54 PM

| | | | | |
|---|---------------|-----|-----------------|-------|
| 2 | Upham, Robin | M27 | Penguin Masters | 36.81 |
| 3 | Lam, Jeff | M27 | Penguin Masters | 30.99 |
| 4 | Lim, Darren | M29 | ECM | 35.00 |
| 5 | Parrish, Adam | M48 | EMSC | 39.00 |

Event 7 Mixed 100 SC Meter Freestyle

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 7 Finals Starts at 01:56 PM

| | | | | |
|---|------------------------|-----|------------|---------|
| 2 | Dawson, Rick | M73 | Cwc | 2:00.00 |
| 3 | Dunwald, Alanna | W30 | CMSC | 1:41.89 |
| 4 | Davis, Nancy | W74 | CMSC | 1:59.00 |
| 5 | Gartner Weiss, Darlene | W51 | Unattached | 2:10.00 |

Heat 2 of 7 Finals Starts at 01:58 PM

| | | | | |
|---|------------------|-----|-----------------|---------|
| 2 | Rumley, Carly | W24 | Penguin Masters | 1:21.32 |
| 3 | Wrightson, Mark | M54 | Rmmssc | 1:18.00 |
| 4 | Henry, Katherine | W46 | Fmsc | 1:19.00 |
| 5 | Brown, Janette | W52 | Cwc | 1:25.00 |

Heat 3 of 7 Finals Starts at 02:00 PM

| | | | | |
|---|-----------------|-----|------------|---------|
| 2 | Fong, Ken | M38 | CMSC | 1:16.00 |
| 3 | Boos, Chantal | W33 | RDM | 1:12.94 |
| 4 | Moe, Birget | W27 | EMSC | 1:15.00 |
| 5 | Bryden, Heather | W25 | Unattached | 1:17.92 |

Heat 4 of 7 Finals Starts at 02:02 PM

| | | | | |
|---|--------------------|-----|-----------------|---------|
| 2 | Wearmouth, Shelley | W50 | Cwc | 1:11.00 |
| 3 | Graham, Erin | W27 | EMSC | 1:09.00 |
| 4 | Houston, Colleen | W29 | EMSC | 1:10.00 |
| 5 | Davis, Megan | W24 | Penguin Masters | 1:11.86 |

Heat 5 of 7 Finals Starts at 02:04 PM

| | | | | |
|---|--------------------|-----|------|---------|
| 2 | Kitscha, Catherine | W28 | ECM | 1:08.00 |
| 3 | Tyson, Carli | W34 | ECM | 1:05.00 |
| 4 | O'Brien, Peter | M60 | CMSC | 1:07.00 |
| 5 | Chafe, Fons | M54 | EMSC | 1:08.50 |

Heat 6 of 7 Finals Starts at 02:05 PM

| | | | | |
|---|----------------|-----|-----------------|---------|
| 2 | Ford, Jackson | M34 | Cwc | 1:03.00 |
| 3 | Kanyo, Richard | M28 | Penguin Masters | 1:00.32 |
| 4 | Dickson, Dave | M57 | CMSC | 1:02.00 |
| 5 | Palmer, Gavin | M24 | Penguin Masters | 1:03.00 |

Heat 7 of 7 Finals Starts at 02:07 PM

| | | | | |
|---|-----------------|-----|------|-------|
| 2 | Chang, Jian-Lok | M25 | EMSC | 57.00 |
| 3 | Albrecht, Kelly | M30 | RDM | 53.95 |
| 4 | Saretsky, Barry | M41 | EMSC | 57.00 |
| 5 | Lewis, Barry | M48 | EMSC | 59.00 |

Event 8 Women 200 SC Meter Freestyle Relay

| Team | Relay | Seed Time |
|------|-------|-----------|
|------|-------|-----------|

--- No entries for this event

Event 9 Men 200 SC Meter Freestyle Relay

| Team | Relay | Seed Time |
|------|-------|-----------|
|------|-------|-----------|

--- No entries for this event

Event 10 Mixed 200 SC Meter Freestyle Choice #2

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 4 Finals Starts at 02:43 PM

| | | | | |
|---|------------------|-----|------|---------|
| 2 | Symington, Sara | W25 | EMSC | 5:00.00 |
| 3 | Henry, Katherine | W46 | Fmsc | 3:48.00 |
| 4 | Schultz, Wendy | W59 | Fmsc | 4:40.00 |
| 5 | | | | |

Heat 2 of 4 Finals Starts at 02:49 PM

| | | | | |
|---|----------------|-----|------|---------|
| 2 | Summers, Scott | M43 | EMSC | 3:26.00 |
| 3 | Morrow, Mike | M59 | CMSC | 2:55.00 |
| 4 | Lepps, Owen | M33 | STM | 3:20.00 |
| 5 | Moe, Birget | W27 | EMSC | 3:45.00 |

Heat 3 of 4 Finals Starts at 02:53 PM

| | | | | |
|---|-----------------|-----|------------|---------|
| 2 | Chiang, Quincy | M32 | Rmmssc | 2:50.00 |
| 3 | Tyson, Carli | W34 | ECM | 2:45.00 |
| 4 | Bryden, Heather | W25 | Unattached | 2:49.19 |
| 5 | Wallace, Laurie | W41 | CMSC | 2:55.00 |

Heat 4 of 4 Finals Starts at 02:57 PM

| | | | | |
|---|--------------------|-----|------|---------|
| 2 | Kitscha, Catherine | W28 | ECM | 2:30.00 |
| 3 | Garside, Simon | M50 | CMSC | 2:12.95 |
| 4 | Ford, Jackson | M34 | Cwc | 2:15.00 |
| 5 | Parrish, Adam | M48 | EMSC | 2:39.00 |

Event 12 Mixed 50 SC Meter Backstroke

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 4 Finals Starts at 03:00 PM

| | | | | |
|---|----------------------|-----|------|-------|
| 2 | MacGregor, Stephanie | W50 | Fmsc | 53.25 |
| 3 | Finley, Lori | W49 | Fmsc | 47.00 |
| 4 | Dawson, Anne | W41 | Cwc | 52.70 |
| 5 | Dunwald, Alanna | W30 | CMSC | 53.89 |

Heat 2 of 4 Finals Starts at 03:01 PM

| | | | | |
|---|-------------------|-----|--------|-------|
| 2 | McGowan, Laura | W32 | EMSC | 42.80 |
| 3 | Zuk, Deirdrie | W28 | Rmmssc | 40.00 |
| 4 | McCutchon, Alexis | W36 | CMSC | 41.00 |
| 5 | Burke, Susan | W48 | Fmsc | 43.00 |

Rocky Mountain Masters Invitational - 3/6/2010

Meet Program - Session #1

Heat 3 Finals (#12 Mixed 50 SC Meter Backstroke)

| | | | |
|---|-----------------|---------------------|-------|
| 2 | Chafe, Susan | W50 EMSC | 38.00 |
| 3 | Palmer, Gavin | M24 Penguin Masters | 33.33 |
| 4 | Kanyo, Richard | M28 Penguin Masters | 33.51 |
| 5 | Kelemen, Nicole | W27 Rmmsc | 38.50 |

Heat 4 of 4 Finals Starts at 03:04 PM

| | | | |
|---|-----------------|----------|-------|
| 2 | O'Toole, Kelly | W28 CMSC | 32.50 |
| 3 | Chang, Jian-Lok | M25 EMSC | 28.00 |
| 4 | Welty, Mark | M31 ECM | 29.00 |
| 5 | Boos, Chantal | W33 RDM | 33.00 |

Event 13 Mixed 100 SC Meter Butterfly

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 3 Finals Starts at 03:05 PM

| | | | |
|---|-----------------|-----------|---------|
| 2 | Wrightson, Mark | M54 Rmmsc | 1:45.00 |
| 3 | McCall, Janie | W50 CMSC | 1:15.80 |
| 4 | Smart, Diane | W44 Fmsc | 1:25.00 |
| 5 | | | |

Heat 2 of 3 Finals Starts at 03:08 PM

| | | | |
|---|-----------------|---------------------|---------|
| 2 | Upham, Robin | M27 Penguin Masters | 1:12.00 |
| 3 | Lewis, Barry | M48 EMSC | 1:06.00 |
| 4 | Younger, Debbie | W40 EMSC | 1:09.00 |
| 5 | Chafe, Fons | M54 EMSC | 1:15.00 |

Heat 3 of 3 Finals Starts at 03:09 PM

| | | | |
|---|-----------------|---------------------|---------|
| 2 | Lam, Jeff | M27 Penguin Masters | 1:03.69 |
| 3 | Albrecht, Kelly | M30 RDM | 59.00 |
| 4 | Saretsky, Barry | M41 EMSC | 1:01.00 |
| 5 | Welty, Mark | M31 ECM | 1:05.00 |

Event 14 Mixed 200 SC Meter IM

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 4 Finals Starts at 03:11 PM

| | | | |
|---|-------------------|---------------------|---------|
| 2 | Mackay, Helen | W24 Penguin Masters | 3:46.84 |
| 3 | Moe, Birget | W27 EMSC | 3:15.00 |
| 4 | Aikens, Elizabeth | W24 Penguin Masters | 3:25.00 |
| 5 | Symington, Sara | W25 EMSC | 5:00.00 |

Heat 2 of 4 Finals Starts at 03:17 PM

| | | | |
|---|------------------|----------|---------|
| 2 | Henry, Katherine | W46 Fmsc | 3:13.81 |
| 3 | Houston, Colleen | W29 EMSC | 3:00.00 |
| 4 | Lepps, Owen | M33 STM | 3:10.00 |
| 5 | Summers, Scott | M43 EMSC | 3:14.00 |

Heat 3 of 4 Finals Starts at 03:20 PM

| | | | |
|---|-----------------|-----------|---------|
| 2 | O'Brien, Peter | M60 CMSC | 2:55.00 |
| 3 | Chiang, Quincy | M32 Rmmsc | 2:52.00 |
| 4 | Kelemen, Nicole | W27 Rmmsc | 2:55.00 |
| 5 | Chafe, Susan | W50 EMSC | 3:00.00 |

Heat 4 of 4 Finals Starts at 03:24 PM

| | | | |
|---|-------------------|----------|---------|
| 2 | Morrow, Mike | M59 CMSC | 2:45.00 |
| 3 | de Vlieger, David | M39 ECM | 2:30.00 |
| 4 | O'Toole, Kelly | W28 CMSC | 2:35.00 |
| 5 | Tyson, Carli | W34 ECM | 2:45.00 |

Event 15 Mixed 50 SC Meter Freestyle

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 1 of 10 Finals Starts at 03:27 PM

| | | | |
|---|------------------------|----------------|-------|
| 2 | Gartner Weiss, Darlene | W51 Unattached | 57.00 |
| 3 | Davis, Nancy | W74 CMSC | 49.00 |
| 4 | Dunwald, Alanna | W30 CMSC | 52.08 |
| 5 | | | |

Heat 2 of 10 Finals Starts at 03:28 PM

| | | | |
|---|----------------------|----------|-------|
| 2 | Dawson, Rick | M73 Cwc | 47.00 |
| 3 | MacGregor, Stephanie | W50 Fmsc | 44.45 |
| 4 | Boos, Chantal | W33 RDM | 47.00 |
| 5 | | | |

Heat 3 of 10 Finals Starts at 03:30 PM

| | | | |
|---|------------------|----------|-------|
| 2 | Dawson, Anne | W41 Cwc | 42.70 |
| 3 | Brown, Janette | W52 Cwc | 39.15 |
| 4 | Schultz, Wendy | W59 Fmsc | 42.00 |
| 5 | McSweeney, Kelly | W50 Cwc | 43.00 |

Heat 4 of 10 Finals Starts at 03:31 PM

| | | | |
|---|-------------------|---------------------|-------|
| 2 | Burke, Susan | W48 Fmsc | 37.00 |
| 3 | McCutchon, Alexis | W36 CMSC | 36.00 |
| 4 | Rumley, Carly | W24 Penguin Masters | 36.07 |
| 5 | Dehne, Ami | W27 Rmmsc | 39.00 |

Heat 5 of 10 Finals Starts at 03:32 PM

| | | | |
|---|-----------------|-----------|-------|
| 2 | Douglass, Tim | M43 ECM | 35.00 |
| 3 | Ganes, Heather | W32 Rmmsc | 35.00 |
| 4 | Wrightson, Mark | M54 Rmmsc | 35.00 |
| 5 | Finley, Lori | W49 Fmsc | 35.50 |

Heat 6 of 10 Finals Starts at 03:33 PM

| | | | |
|---|-----------------|---------------------|-------|
| 2 | Bryden, Heather | W25 Unattached | 34.89 |
| 3 | Davis, Megan | W24 Penguin Masters | 32.58 |
| 4 | Shaw, Keith | M66 CMSC | 33.00 |
| 5 | McGowan, Laura | W32 EMSC | 35.00 |

Heat 7 of 10 Finals Starts at 03:34 PM

| | | | |
|---|--------------------|----------|-------|
| 2 | Wearmouth, Shelley | W50 Cwc | 31.59 |
| 3 | Graham, Erin | W27 EMSC | 31.00 |
| 4 | Chafe, Fons | M54 EMSC | 31.00 |
| 5 | Fong, Ken | M38 CMSC | 32.00 |

Heat 8 of 10 Finals Starts at 03:35 PM

| | | | |
|---|--------------------|---------------------|-------|
| 2 | Palmer, Gavin | M24 Penguin Masters | 29.66 |
| 3 | Dickson, Dave | M57 CMSC | 29.00 |
| 4 | Lim, Darren | M29 ECM | 29.00 |
| 5 | Kitscha, Catherine | W28 ECM | 31.00 |

Heat 9 of 10 Finals Starts at 03:36 PM

| | | | |
|---|----------------|---------------------|-------|
| 2 | Garside, Simon | M50 CMSC | 27.73 |
| 3 | Lewis, Barry | M48 EMSC | 27.00 |
| 4 | Kanyo, Richard | M28 Penguin Masters | 27.44 |
| 5 | Ford, Jackson | M34 Cwc | 28.00 |

Heat 10 of 10 Finals Starts at 03:37 PM

| | | | |
|---|-----------------|---------------------|-------|
| 2 | Chang, Jian-Lok | M25 EMSC | 25.00 |
| 3 | Lam, Jeff | M27 Penguin Masters | 24.64 |
| 4 | Albrecht, Kelly | M30 RDM | 24.77 |
| 5 | Welty, Mark | M31 ECM | 26.50 |

Rocky Mountain Masters Invitational - 3/6/2010

Meet Program - Session #1

Event 16 Mixed 100 SC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|--|---------------------|-----|-----------------|-----------|
| Heat 1 of 4 Finals Starts at 03:38 PM | | | | |
| 2 | Davis, Nancy | W74 | CMSC | 2:05.00 |
| 3 | Mackay, Helen | W24 | Penguin Masters | 1:42.99 |
| 4 | Smart, Diane | W44 | Fmsc | 1:43.00 |
| 5 | | | | |
| Heat 2 of 4 Finals Starts at 03:41 PM | | | | |
| 2 | King-Reimer, Sheryl | W47 | Fmsc | 1:41.93 |
| 3 | Aikens, Elizabeth | W24 | Penguin Masters | 1:38.00 |
| 4 | Wallace, Laurie | W41 | CMSC | 1:40.00 |
| 5 | | | | |
| Heat 3 of 4 Finals Starts at 03:43 PM | | | | |
| 2 | Zuk, Deirdrie | W28 | Rmmsc | 1:35.00 |
| 3 | Younger, Debbie | W40 | EMSC | 1:25.00 |
| 4 | Chiang, Quincy | M32 | Rmmsc | 1:26.00 |
| 5 | Ganes, Heather | W32 | Rmmsc | 1:36.00 |
| Heat 4 of 4 Finals Starts at 03:45 PM | | | | |
| 2 | de Vlieger, David | M39 | ECM | 1:20.00 |
| 3 | Saretsky, Barry | M41 | EMSC | 1:19.00 |
| 4 | Upham, Robin | M27 | Penguin Masters | 1:19.69 |
| 5 | Parrish, Adam | M48 | EMSC | 1:25.00 |

Event 17 Women 200 SC Meter Medley Relay

| Team | Relay | Seed Time |
|------|---------------------------|-----------|
| --- | No entries for this event | |

Event 18 Men 200 SC Meter Medley Relay

| Team | Relay | Seed Time |
|------|---------------------------|-----------|
| --- | No entries for this event | |

Event 19 Mixed 200 SC Meter Freestyle Relay

| Team | Relay | Seed Time |
|------|---------------------------|-----------|
| --- | No entries for this event | |